



Public Health
Prevent. Promote. Protect.

Foster County Public Health

Foster County Public Health TIDBITS

OCT-DEC 2024

HOURS:

Monday-Friday
8a-12p and 1p-4:30p

881 Main St | Carrington, ND | 701-652-3087 | www.fostercountypublichealth.com

CARRINGTON AREA
HEALTHY COMMUNITIES COALITION

KIDS EXPERIENCE

HELPS PAY EXPENSES
FOR PARTICIPATION
IN LOCAL ACTIVITIES

>OPEN FOR AGES 5-18
**APPLICATIONS
ONLINE**

at healthycarrington.org
or by emailing
healthycarrington@gmail.com

AFTER HOURS CLINICS 2024

October 9th
November 13th
December 11th

2025

January 8th
February 12th
March 12th

*2nd Wednesday of
every month from 4-7pm*



• All Shots for All Ages

For appointments or more info
call (701) 652-3087

Open 8am-12pm
Saturday, October 26th
WALK-INS WELCOME!

FLU SHOT

Fridays

Open over NOON HOUR every Friday in October
for your convenience!



full list of services on our website:
www.fostercountypublichealth.com

Women's Way
may provide a way to
pay for your mammogram
and/or Pap test.



Call today to see if you are eligible!
800-449-6636 or 701-328-3398

hhs.nd.gov/womensway



Naloxone
available here



GET THIS NEWSLETTER IN YOUR INBOX!



Send an email to: FosterPH@nd.gov
Subject line: "SUBSCRIBE"



ANGEL TREE

Coming soon!

Watch for information for
recipients and donations.

Upcoming Off-Site Clinic Dates

October

- 2 - Grace City Schoolhouse
- 3 - Carrington Senior Center Flu Shots
- 9 - McHenry Senior Center
- 9 - Glenfield Community Center
- 22 & 23 - Community Flu Shots
at Carrington High School



November

- 6 - Grace City Schoolhouse
- 13 - McHenry Senior Center
- 13 - Glenfield Community Center



December

- 4 - Grace City Schoolhouse
- 11 - McHenry Senior Center
- 11 - Glenfield Community Center



*Appointments for health services required in Grace City, Glenfield, & McHenry.
Nurse may not be at the off-site locations in Nov. or Dec. if no patients are scheduled.

IN HOME SERVICES



- Medication Management
- Chronic Disease Management
- Skilled Nursing Services



Order free
at-home
COVID tests here:



COVIDTESTS.GOV

REPRODUCTIVE HEALTH SERVICES

Third Tuesday of every month from
8am - 12pm in Carrington
at Foster County Public Health

● OCT 15 ● NOV 19 ● DEC 17

Appointments: (701) 252-8130



Need help to quit smoking,
smokeless tobacco, vapes or
electronic cigarettes?

NDquits

1-800-QUIT-NOW (1-800-784-8669)
hhs.nd.gov/ndquits



wic WOMEN, INFANTS
& CHILDREN

Services available here
in Carrington

1st Thursday Each Month

► Oct 3 ► Nov 7 ► Dec 5

Call Lake Region WIC
to schedule
1-866-274-2316

Reminders

for keeping stress levels in check



Help your child
slow down



Encourage
enjoyable exercise



Make sleep
a priority



Help them
eat well



Keep your
child talking



PARENTS LEAD.ORG



CredibleMind

Personalized mental wellbeing online platform.

- ☀ Confidential
- ☀ Free for youth & adults
- ☀ Available 24/7
- ☀ Expert rated resources

Scan QR code or visit:
region6.crediblemind.com

