



Public Health
Prevent. Promote. Protect.

Foster County Public Health

Foster County Public Health TIDBITS

881 MAIN ST
CARRINGTON, ND
701-652-3087

SUMMER HOURS

REGULAR HOURS

Monday-Thursday
8A-12P, 1P-4:30P
Friday 8A-1P

Starting 9/5/23
Monday-Friday
8A-12P, 1P-4:30P

FAMILY PLANNING

3rd Tuesday Each Month

★ September 19

★ October 17

Call to schedule: 701-252-8130

WIC SERVICES

1st Thursday Each Month

★ September 7

★ October 5

Call to schedule: 866-274-2316

WALK WITH US

TO PREVENT SUICIDE



Sunday, September 10, 2023

Carrington Out of the Darkness walk

Carrington City Park

afsp.org/Carrington



12:30 pm - Community Meal

1:00 pm - Registration

2:00 pm - Opening Ceremonies & Walk

AFTER HOURS CLINICS

**2nd Wednesday of
Every Month from 4-7pm**

- All Shots for All Ages, including Flu & COVID
- Blood Pressure checks
- Health Tracks exams
- For appointments call (701) 652-3087

2023
 August 9th
 September 13th
 October 11th
 November 8th
 December 13th

2024
 January 10th
 February 14th
 March 13th
 April 10th



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MY LIFE MY QUIT



Free, confidential help
to quit vaping and other
tobacco for youth
under 18

Text 36072
Call 855.891.9989
mylifemyquit.com

2023 Off-Site Clinic Dates

August

- 2 - Grace City Schoolhouse
- 23 - McHenry Senior Center
- 23 - Glenfield Community Center

September

- 6 - Grace City Schoolhouse
- 27 - McHenry Senior Center
- 27 - Glenfield Community Center

October

- 4 - Grace City Schoolhouse
- 25 - McHenry Senior Center
- 25 - Glenfield Community Center

Parenting Acts of Kindness

- ☑ Give them a hug
- ☑ Praise them when they do a good deed
- ☑ Allow them to choose what is for dinner



PARENTS LEAD ORG

CHILDREN NEED TO KNOW THAT THEY FEEL LOVED AND VALUED. AS A PARENT YOU CAN SHOW THIS IN MANY WAYS AT ALL AGES.

OPIOIDS

FILL with CARE



Lock

Keep medication out of sight and in a safe and secure place.



Monitor

Keep track of medication and take only as directed.



Take Back

Drop off unused medication at local Take Back locations.

CARRINGTON TAKE BACK LOCATIONS

Carrington Drug
415 Main St

Central Pharmacy
990 Main St

Carrington Police Dept
1010 Main St

OCTOBER FLU SHOTS

SAVE THE DATE

5

Carrington Senior Center

11

Midkota High School
Students & Staff

16&17

Carrington School Students

18

Carrington School Staff

24&25

Community Members @
Carrington Public School



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