



Foster County Public Health TIDBITS

Public Health
Prevent. Promote. Protect.
Foster County Public Health

MAY-JULY 2024

SUMMER HOURS:
Monday-Thursday
8A-12P and 1P-4:30P
Fridays 8A-1P

881 Main St | Carrington, ND | 701-652-3087

CARRINGTON AREA
HEALTHY COMMUNITIES COALITION

KIDS EXPERIENCE

HELPS PAY EXPENSES
FOR PARTICIPATION
IN LOCAL ACTIVITIES

>OPEN FOR AGES 5-18
APPLICATIONS
ONLINE

at healthycarrington.org
or by emailing
healthycarrington@gmail.com



FREE!



Car seat checks

Child must be present

JUNE 26th

(Call or check our website for
location and times)

Need a car seat? Give us a call - We can help!

AFTER HOURS CLINICS

2nd Wednesday of
every month from 4-7pm

• All Shots for All Ages

*Parents: It's not too early to get school
required shots taken care of for incoming
Kindergarten, 7th, and 11th grade students!

For appointments or more info
call (701) 652-3087



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2024

May 8th

June 12th

July 10th

August 14th

September 11th

October 9th



CredibleMind

Personalized mental wellbeing online platform.

• Confidential • Free for youth & adults
• Available 24/7 • Expert rated resources

Scan QR code or visit:
region6.crediblemind.com



NEW website!

www.fostercountypublichealth.com

June 19. 20. 21

Upcoming Off-Site Clinic Dates

May

- 1 - Grace City Schoolhouse
- 22 - McHenry Senior Center
- 22 - Glenfield Community Center



June

- 5 - Grace City Schoolhouse
- 26 - McHenry Senior Center
- 26 - Glenfield Community Center



July

- 3 - Grace City Schoolhouse
- 24 - McHenry Senior Center
- 24 - Glenfield Community Center



***Appointment required May-August dates.**
We will not be at the off-site locations
if no patients are scheduled.

IN HOME SERVICES



- Medication Management
- Chronic Disease Management
- Skilled Nursing Services



Services available here in Carrington

BREASTFEEDING SUPPORT ✓

NUTRITIOUS FOOD ✓

HEALTH REFERRALS ✓

AND MORE FROM WIC! ♥

Call Lake Region WIC
to schedule
1-866-274-2316



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1st Thursday Each Month

● **May 2** ● **June 6** ● **July 11**



**Carrington Out of the Darkness
Community Walk**
Carrington City Park

Sunday, September 8, 2024

12:30 Free Will Donation Meal

1:00 Registration

2:00 Opening Ceremonies and Walk

afsp.org/Carrington



American
Foundation
for Suicide
Prevention





Naloxone saves lives.
TAKE CARE. BE AWARE.



Free naloxone - Call (701) 652-3087

REPRODUCTIVE HEALTH SERVICES

Third Tuesday of every month from
8am - 12pm in Carrington
at Foster County Public Health

● **MAY 16** ● **JUN 20** ● **JUL 18**

Appointments: (701) 252-8130



Did you know that 69.2% of
Foster County youth report
NOT drinking alcohol?

PARENTS LEAD. ORG

Encourage your child to be substance free by
having open conversations and discussing how
substance misuse can affect their goals and future.

**Promote healthy choices and
be a good example as the
#1 influence in your child's life.**



Need help to quit smoking, smokeless tobacco,
vapes or electronic cigarettes?



NDQuits
1-800-QUIT-NOW (1-800-784-8669)
hhs.nd.gov/ndquits