



FOSTER COUNTY PUBLIC HEALTH TIDBITS

SEPTEMBER 2026



Public Health
Prevent. Promote. Protect.

Foster County Public Health

881 Main St | Carrington, ND | 701-652-3087

HOURS: Monday-Friday 8:00am-12:00pm and 1:00pm-4:30pm

WWW.FOSTERCOUNTYPUBLICHEALTH.COM

*SEE WEBSITE FOR IMMUNIZATION CONSENT FORMS, LATEST HEALTH ALERTS INCLUDING DISEASE OUTBREAKS AND SAFETY RECALLS, AND MORE!!



SEPTEMBER

OFFICE CLOSED - MONDAY SEPT 7TH, 2026

RECOVERY MONTH

SUICIDE PREVENTION MONTH

Search for treatment
resources 24/7.

ANYTIME.
ANYWHERE.

FindTreatment.gov



CredibleMind

Personalized mental wellbeing online platform.
region6.crediblemind.com

OPEN LATE

Wednesday
September 9th, 2026
4pm - 7pm

All Immunizations
for All Ages

SUPPORT MATTERS.
TREATMENT
WORKS.



**WALK
WITH US**
TO PREVENT SUICIDE

Carrington Out of
The Darkness
Community Walk

Sunday | Sept 13, 2026
12:30pm Registration &
Free Will Lunch
1:30pm Program



Scan the
QR code
to register
today!

afsp.org/Carrington



American
Foundation
for Suicide
Prevention



OUT OF THE
DARKNESS
Community Walks

SCHOOL

Immunizations



*Available every Wednesday at
Carrington Public Schools.*

*Available the second
Wednesday of every month at
Midkota High School.*

*Call to schedule an appointment,
consent forms can be printed from
our website and filled out prior to
appointment.*

Do you know ALL the services we offer?

*Vaccines *Blood Pressure checks *Reproductive Health visits *and MORE!



**GET THIS NEWSLETTER
IN YOUR INBOX!**

Send an email to: FosterPH@nd.gov
Subject line: "SUBSCRIBE"

Foster County Public Health

Upcoming Off-Site Clinics

Wednesdays in Sept. & Oct. 2026

Sept. 2 - Grace City Schoolhouse
 Sept. 9 - Glenfield Community Center
 Oct. 1 - Carrington Senior Center
 Oct. 7 - Grace City Schoolhouse
 Oct. 14 - McHenry Senior Center
 Oct. 14 - Glenfield Community Center

Appointments required - nurse will **not be at off-site locations if no patients are scheduled.*

Call for suicide intervention
and crisis support

988

Warm
Handoff

Whole
Person
Care

Warm
Handoff

Call for information
and community
resources

211

Call for
emergencies

911

Warm
Handoff

5 Action Steps to Help Someone Having Thoughts of Suicide



ASK

"Are you thinking about killing yourself?"



BE THERE

Listen without judgment and acknowledge their feelings.



HELP KEEP THEM SAFE

Reduce their access to lethal items or places.



HELP THEM CONNECT

Call or text the 988 Suicide & Crisis Lifeline (988).



FOLLOW UP

Stay in touch to see how they're doing.



nimh.nih.gov/suicideprevention



Updated Kid Experience Application can be found and completed online!

OPIOIDS

TAKE CARE, BE AWARE.



FREE Narcan available at our office.

We'll bring
the services
to you!



**You can choose a date and time
that's convenient for your business!**

Services available:

- Immunizations - seasonal flu shots and more!
- Education on Health Related Topics
- Health Screenings
 - Brief medical history
 - Glucose (blood sugar) test
 - Full set of vitals
 - Lipid (cholesterol) test
 - Hemoglobin (iron) test
 - Referrals as necessary

NDQuits

1-800-QUIT-NOW (1-800-784-8669)

hhs.nd.gov/ndquits

**FREE QUIT SUPPORT WITH LOCAL STAFF
TO SCHEDULE: 701-652-3087**

PARENTS LEAD.ORG

Back to School
resource hub
now available!

