



Foster County Public Health TIDBITS

APRIL-MAY 2026

HOURS:
Monday-Friday
8:00am-12:00pm
and 1:00pm-4:30pm

SUMMER HOURS:
Fridays CLOSE at 1:00pm
(starting May 1st)

Public Health
Prevent. Promote. Protect.

Foster County Public Health

881 Main St | Carrington, ND | 701-652-3087



WWW.FOSTERCOUNTYPUBLICHEALTH.COM

AFTER HOURS CLINICS

2026

- April 8th
- May 13th
- June 10th
- July 8th
- August 12th
- September 9th

2nd Wednesday of every month from 4-7pm

- All Vaccines for All Ages



Office CLOSED

- *Friday, April 3rd
- *Monday, May 25th
- *Friday, June 19th



NATIONAL PUBLIC HEALTH WEEK

READY. SET. ACTION!

APRIL 6-12, 2026

April 6-12, 2026

Watch our Facebook & Instagram pages for daily topics during Public Health Week!

Good health doesn't just happen - communities set the stage to shape it. We at FCPH are proud of our efforts to support the health of Foster County.

Stroll 'N Roll ND

April 8, 2026



Celebrating movement across North Dakota!

Walk with Foster County Public Health staff on Wednesday, April 8th at 11 am. Meet at our office: 881 Main Street, Carrington

KIDS EXPERIENCE



Applications available at FCPH or healthycarrington.org

SAVE THE DATE

Mental Health Fair & Community Picnic

May 13, 2026
5:00 pm - 7:00 pm
Carrington City Park

- *Free Will Meal *Door prizes
- *Mental Health Resource Booths
- *Activities for kids, teens, & adults
- *Everyone is welcome!

MAY DAY BASKETS

HELP SPREAD JOY TO OUR ELDERLY NEIGHBORS!
CONTACT OUR OFFICE TO SPONSOR A BASKET.
DONATIONS NEEDED BY 4/24/26.
701-652-3087



GET THIS NEWSLETTER IN YOUR INBOX!

Send an email to: FosterPH@nd.gov
Subject line: "SUBSCRIBE"

Upcoming Off-Site Clinic Dates

April

- 1 - Grace City Schoolhouse
- 8 - McHenry Senior Center
- 8 - Glenfield Community Center



May

- 6 - Grace City Schoolhouse
- 13 - McHenry Senior Center
- 13 - Glenfield Community Center



Call 652-3087 to schedule health services in Grace City, Glenfield, & McHenry.

**Nurse may not be present at the off-site locations if no patients are scheduled.*



Services available here in Carrington

1st Thursday Each Month

▶ Apr 2 ▶ May 7 ▶ Jun 4



Call Lake Region WIC to schedule
1-866-274-2316

Do you know ALL the services we offer?

**Vaccines *BP checks *Foot Care *Reproductive Health visits *and MORE!*

NDQuits



Car Seats



We can bring services to you!

*call our office for more information

HOSTING A GRAD PARTY?

Know Your Responsibility

Being informed helps keep everyone safe. When parents understand the law, they're better equipped to protect their kids, their guests and themselves.



PARENTS LEAD



TODAY'S MANTRA:

I will accept what I cannot control.

REGION6.CREDIBLEMIND.COM

FREE QUIT SUPPORT WITH LOCAL STAFF TO SCHEDULE: 701-652-3087

NDQuits

1-800-QUIT-NOW (1-800-784-8669)

hhs.nd.gov/ndquits

FREE NALOXONE AVAILABLE

OPIOIDS

TAKE CARE, BE AWARE.

