



Public Health
Prevent. Promote. Protect.
Foster County Public Health

Foster County Public Health TIDBITS

JANUARY-MARCH 2025

881 Main St | Carrington, ND | 701-652-3087



HOURS:
Monday-Friday
8:00am-12:00pm
and 1:00pm-4:30pm

SCAN
ME



Bienvenido
Ласкаво просимо
Welcome

WWW.FOSTERCOUNTYPUBLICHEALTH.COM

HELLO, AREA SPONSORS!

**SPONSORS HELP INDIVIDUALS AND FAMILIES
WHO ARE NEW TO OUR COMMUNITIES.**

FREE COMMUNITY RESOURCE GUIDES AVAILABLE AT OUR OFFICE.

Do you know ALL the services we offer?

***Vaccines *Blood Pressure checks *Reproductive Health visits *and MORE!**



*Breastfeeding
Support*



***Latch
Assessments**

***Weighted Feeds**

***Lactation Counseling**

AVAILABLE AT
FOSTER COUNTY PUBLIC HEALTH
THE FIRST AND THIRD
THURSDAY OF THE MONTH
CALL 701-652-3087 TO SCHEDULE
AN APPOINTMENT

No cost, visits are FREE
with our lactation counselor
- Kassie Fredrickson, RN/CLC -



**We can bring
services to you!**

**call our office for more information*

**AFTER HOURS
CLINICS**

***2nd Wednesday of
every month from 4-7pm***

• All Vaccines for All Ages

**For appointments or more info
call (701) 652-3087**

2025
January 8th
February 12th
March 12th
April 9th
May 14th
June 11th

Upcoming Off-Site Clinic Dates

January

8 - McHenry Senior Center
8 - Glenfield Community Center

February

5 - Grace City Schoolhouse
12 - McHenry Senior Center
12 - Glenfield Community Center

March

5 - Grace City Schoolhouse
12 - McHenry Senior Center
12 - Glenfield Community Center



Call to schedule health services in
Grace City, Glenfield, & McHenry.
*Nurse may not be at the off-site locations
if no patients are scheduled.

IN HOME SERVICES



- Medication Management
- Chronic Disease Management
- Skilled Nursing Services



wic WOMEN, INFANTS
& CHILDREN

Services available here
in Carrington

1st Thursday Each Month

► Jan 2 ► Feb 6 ► Mar 6

Call Lake Region WIC
to schedule
1-866-274-2316

REPRODUCTIVE HEALTH SERVICES

Third Tuesday of every month from
8am - 12pm in Carrington
at Foster County Public Health

● JAN 21 ● FEB 18 ● MAR 18

Appointments: (701) 252-8130



NDQuits

1-800-QUIT-NOW (1-800-784-8669)

hhs.nd.gov/ndquits



CredibleMind

Personalized mental wellbeing online platform.

region6.crediblemind.com



AVAILABLE AT OUR OFFICE

- Respiratory Care Kits
(Masks, facial tissue, hand sanitizer)
- Covid test kits
- Masks



Order Your 4 Free At-home Covid-19 Tests
COVIDTESTS.GOV

OPIOIDS

TAKE CARE, BE AWARE.



FREE NALOXONE AVAILABLE



Look. Listen. Love.

PARENTS LEAD.ORG