



Public Health
Prevent. Promote. Protect.

Foster County Public Health

Foster County Public Health TIDBITS

OCTOBER 2025

HOURS:
Monday-Friday
8:00am-12:00pm
and 1:00pm-4:30pm

881 Main St | Carrington, ND | 701-652-3087



WWW.FOSTERCOUNTYPUBLICHEALTH.COM

*See website for latest health alerts (including disease outbreaks, safety recalls, & more)

WED 1	GRACE CITY 11:00am-1:00pm at Grace City Schoolhouse
THUR 2	CARRINGTON SENIOR CENTER 10:30am-12:30pm at Carrington Senior Center
WED 8	MCHENRY 11:00am-12:00pm at McHenry Senior Center
WED 8	GLENFIELD 12:30pm-1:00pm at Glenfield Community Center
TUE 21	COMMUNITY FLU SHOTS 4:00pm-6:00pm at Carrington Public School - use Door 7
WED 22	COMMUNITY FLU SHOTS 4:00pm-6:00pm at Carrington Public School - use Door 7
SAT 25	OPEN SATURDAY 8:00am-12:00pm at Foster County Public Health office 881 Main Street, Carrington

**SAY
BOO
TO THE
FLU**

Call 652-3087 to schedule health services in Grace City, Glenfield, & McHenry.
*Nurse may not be present at the off-site locations if no patients are scheduled.

Off-Site Clinic Health Services May Include*:

- ▶ Blood pressure checks
- ▶ Foot care services
- ▶ Immunizations
- ▶ Blood sugar testing
- ▶ Hemoglobin testing
- ▶ Education

*Call ahead to schedule & for additional info: 652-3087



Send an email to: FosterPH@nd.gov
Subject line: "SUBSCRIBE"



GET THIS NEWSLETTER
IN YOUR INBOX!



MY LIFE MY QUIT

Just for teens

Text **"Start My Quit"** to **36072**

OPEN LATE ^{2 Evenings Bonus!}

Evening Clinic & Pasta Fest

Wednesday
October 8, 2025
4pm-7pm

Thursday,
October 9, 2025
4pm-6:30pm

All Vaccines available for All Ages

Call Foster County Public Health
to schedule appointments
(701) 652-3087



FLU SHOT Fridays

Open over NOON HOUR every Friday in October
for your convenience!

881 Main Street, Carrington
For appointments call (701) 652-3087

WALK-INS WELCOME



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Foster County Public Health



Look. Listen. Love.
PARENTS LEAD.ORG

NDQuits

1-800-QUIT-NOW (1-800-784-8669)
hhs.nd.gov/ndquits

FREE products & support to
QUIT nicotine & tobacco use.

701-652-3087

fostercountypublichealth.com

BRAS 4 A CAUSE

JOIN US THIS OCTOBER!
STOP BY OUR OFFICE OR
VISIT OUR WEBSITE FOR
HOW TO GET INVOLVED.



SAT | 10-25 | 8A-12P

— DRIVE-UP —

IMMUNIZATION CLINIC
AND
MED TAKE BACK EVENT

DROP OFF EXPIRED/UNUSED MEDS



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OPIOIDS

TAKE CARE, BE AWARE.



DID YOU KNOW???



Nearly
2 out of 3
car seats are
used
incorrectly

Need a car seat?
Or just need a car seat installed?
Contact our office - we can help!