SAFESITTER

BABYSITTING COURSE

Designed to prepare students to be safe when they're home alone, watching younger siblings, or babysitting.

The Instructor-led class is filled with fun games and role-playing exercises. Students even get to use manikins to practice rescue skills like choking rescue!



COURSE CONTENT

- Safety Skills
- Child Care Skills
- First Aid, Rescue Skills & CPR Basics
  - "Please note: This course provides hands-on CPR awareness and training, but does not include or issue an official certification
- Life & Business Skills
- Injury Prevention
- Outdoor Safety

Public Health
Prevent. Promote. Protect.
Foster County Public Health

REGISTRATION INFORMATION

- - REGISTRATION IS REQUIRED!

CLASS INFORMATION

- Class fees are $40/student and include a Student Handbook.
- Lunch and bottled water will be provided. Bring your own snacks.
- Completion of grade 5 is required to register.



REGISTRATION INFORMATION

- To register, stop at Foster County Public Health, 881 Main Street in Carrington or print out the registration form on our website fostercountypublichealth.com under Community Health & email it to us.

- **Limit of 24 students**
- **Registration fee must be paid prior to the course**

9:00 AM - 2:30 PM
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DECEMBER

Carrington Library Community Room
87 8th AVE N
Carrington, ND 58421

CONTACT US: 701-652-3087 or at fosterph@nd.gov