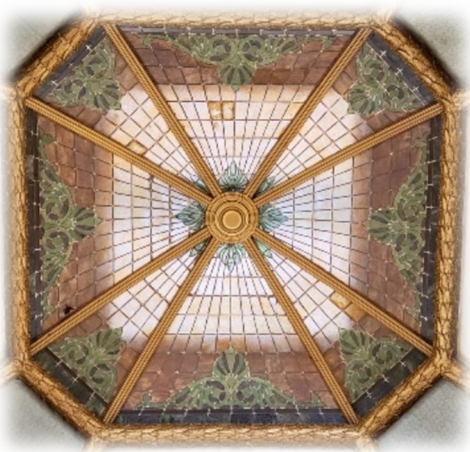


Health and Community Services Carrington Area



BEHAVIORAL HEALTH



ADVANCE IN RECOVERY, PLLC

Megan Ekren, Licensed Addiction Counselor, Licensed Professional Clinical Counselor

Services:

- Mental Health and Substance Use Disorder Evaluation and Treatment
- DUI Evaluations

94 9th Ave S, Suite 2
Carrington ND 58421
(701)645-1032
megan@advanceinrecovery.org

FLATLAND PSYCHIATRY

Brittany Long, Psychiatric Mental Health Nurse Practitioner

Services:

- Diagnosis and Treatment of Mental Health Conditions
- Medication Management

820 5th Street North
Carrington, ND 58421
(701)399-0123

OPEN PRAIRIE HEALTH

Callie Krause, DNP, Psychiatric Mental Health Nurse Practitioner -BC, FNP-C

Services:

- Mental Health Evaluation and Diagnosis
- Psychiatric Medication Management

318 Hwy 281 NE, Suite 2
Carrington, ND 58421
(701)401-4134

OTHER

Northern Prairie Community Clinic-UND

Low Cost Telecounseling Services Available for Clients Ranging From Preschool Age Children Through Older Adulthood
<https://und.edu/npcc/mental-health.html>
(701)777-3745



BEHAVIORAL HEALTH RESOURCES

Call, Text, or Chat 988 – Suicide & Crisis Lifeline

- Talk to trained professionals 24/7 who can offer support and connect you with local help for mental health issues, suicidal thoughts or substance use.
- Lifeline Chat is Available Online at [988Lifeline.org](https://988lifeline.org)
- Text or Call 988 from any phone.
- All are free and confidential. You will be connected to a skilled, trained counselor.

Call 2-1-1 First Link Suicide Hotline & Directory of Resources

- Free & Completely Confidential
- You will talk live to a highly trained service professional in your area, accessible 24/7/365
- For more information or to search for resources in your area, visit www.211.org
- Community Resources: Food, Housing, Utilities, Transportation, Education, Employment, Health Care, Support Groups, Mental Health/Substance Use Disorder, Services, Personal & Household Items, etc.

GALT CHIROPRACTIC & ACUPUNCTURE

Jeffrey R. Galt, Doctor of Chiropractic, Certified Acupuncturist

Services:

- General Chiropractic Care
- Acupuncture

615 Main Street
Carrington, ND 58421
(701)652-2631
Wheelchair Accessible

OTHER

Nicolai Chiropractic Center

207 1st Ave S A
New Rockford, ND 58356
(701)947-2121



CLINICS

CHI ST. ALEXIUS HEALTH CARRINGTON MEDICAL CLINIC AND URGENT CARE

Services:

- Behavioral Health
- Diabetes
- Ear, Nose & Throat
- Family Medicine
- Flu Shots
- Men's Health
- Orthopedics
- Pediatrics
- Pregnancy
- Primary Care
- Sports Physicals
- Vein Services
- Women's Health

800 4TH St N
Carrington, ND 58421
(701)652-2515

CHI ST. ALEXIUS HEALTH NEW ROCKFORD FAMILY MEDICAL CLINIC

Services:

- Family Medicine
- Flu Shots
- Men's Health
- Pediatrics
- Primary Care
- Virtual Visits
- Women's Health

118 1st St S
New Rockford, ND 58356
(701)947-2021 or (701)652-2515

JAMESTOWN REGIONAL MEDICAL CENTER CARRINGTON CLINIC

Services:

- Audiology
- Orthopedics
- Podiatry

923 1st Street S
Carrington, ND 58421
(701)952-1050
info@jrmcnd.com www.jrmcnd.com/carrington-clinic

COUNTY SERVICES



SANFORD CLINIC CARRINGTON

Services:

- Audiology
- Psychology

6712 ND-200
Carrington, ND 58421
(701)252-4100 or (701)652-3200
www.sanfordhealth.org

COUNTY SOCIAL SERVICE AGENCIES/MEDICAID PROVIDERS

(701)473-5302	Benson County
(701)947-5314	Eddy County
(701)652-2221	Foster County
(701)797-2127	Griggs County
(701)662-7050	Ramsey County
(701)252-7172	Stutsman County
(701)547-3694	Wells County

HOME AND COMMUNITY BASED SERVICES

Home and Community Based Services (HCBS) are provided in the individual's home such as homemaker services (house cleaning, laundry, or meal preparation) or personal care (assisting with a bath, etc.) or are community-based, such as non-medical transportation assistance and home-delivered meals.

HCBS focuses on individual needs, choice of services, choice of who provides care, and maintaining as much independence as possible.

North Dakota provides HCBS through several programs. Each program may have different functional and financial eligibility criteria.

Benson, Eddy, Foster, Griggs, Ramsey, Stutsman, & Wells County Services for the Disabled and Elderly

(855)462-5465, Relay ND TTY (800)366-6888
<https://carechoice.nd.assistguide.net>
carechoice@nd.gov



DENTAL CARE

CARRINGTON DENTAL CARE

Jay A. Bauer, DDS
Chaz Bauer, DDS

Services:

- Oral Sedation
- Solea Laser Dentistry
- Implants
- Sinus Lifts
- Root Canals
- Same Day Crowns
- White Fillings
- We Provide All Aspects of Dentistry, Same Day Emergencies, and New Patients Always Welcome
- Hygiene
- Wisdom Teeth Removal
- Dentures & Partial Dentures
- Clear Correct Orthodontic Aligners
- Short Term Orthodontics

923 1st St S
Carrington, ND 58421
701-652-2801
www.thecarringtondentist.com

JAMES RIVER DENTISTRY

Dr. Robert Cudworth & Dr. Amy Ellingson

Services:

- Smile Makeovers
- Dental Implants
- CEREC Crowns
- Traditional Orthodontics & Six Month Smiles
- Bridges
- Dentures
- Children & Family Dentistry

120 1st St S (on HWY 281)
New Rockford, ND 58356
(701)947-2354 or (800)832-7964
<https://www.james-river-dentistry.com>

GARR DENTAL CENTER

Garr Dental Center

740 4th Ave S #201
Carrington, ND 58421
(701)652-2300
<https://www.garrdental.com>



HOME HEALTH & HOSPICE

CHI HEALTH AT HOME

Services:

- Provides Home Health and Hospice services to individuals in, but not limited to Carrington, New Rockford, Fessenden, Harvey, and surrounding communities.
- Home Health Services: provides individualized, comprehensive, skilled care for clients with a medical condition, new diagnosis or who are recovering from hospitalization or surgery in their own homes, includes Assisted Living Facilities.
- Hospice Care: focuses on improving the quality of life for individuals and their families faced with a life-limiting illness and a life expectancy of 6 months or less (if the disease follows its normal course). The primary goal of hospice care is to provide comfort, relieve physical, emotional, and spiritual distress. Care is provided wherever the patient lives, whether in a private home, skilled nursing, or assisted living facility.
- CHI Health at Home offers complimentary informational visits to answer your questions and to explain levels of care available that would best fit your needs.

367 2nd St NW
Valley City ND 58072
(855)860-3464 phone
(701)845-6552 fax
<http://chihealthathome.info/>

OTHER

(701)952-4847 Jamestown Regional Medical Center
Home Health & Hospice

(701)667-2884 Dakota Travel Nurse

(701)652-1446 Easter Seals of ND





MEDICAL CENTERS

CHI ST. ALEXIUS HEALTH CARRINGTON MEDICAL CENTER

Services:

- Ambulance Services
- Behavioral Health
- Clinic Services
- Diabetes Education
- Emergency Room
- Hospital
- Medical Nutrition Therapy
- Physical Therapy
- Physicals: Annual, D.O.T., Sports, Insurance
- Sleep Studies
- Suboxone Clinic
- Surgical Services
- Swing Bed Services
- Telemedicine Services
- Visiting Specialists: Cardiology, Urology

800 4TH St N
Carrington, ND 58421
(701)652-3141
<https://www.chistalexiushealth.org/locations/carrington>

JAMESTOWN REGIONAL MEDICAL CENTER

Services:

- Audiology
- Cancer Care
- CardioPulmonary Rehab
- Ear, Nose & Throat (ENT)
- Emergency Department
- Family BirthPlace (Labor & Delivery)
- Gynecology
- Home Health & Hospice
- Ophthalmology Surgery
- Orthopedics
- Physicals: Sports Medicine
- Podiatry
- Rehabilitation: Speech Therapy, Physical Therapy, Occupational Therapy
- Urology
- Wound Care

2422 20th St SW
Jamestown, ND 58401
(701)952-1050
info@jrmcnd.com
www.jrmcnd.com



NURSING HOMES

GOLDEN ACRES MANOR AND ESTATES

Mitchell Page, Administrator

Assisted Living and Skilled Nursing Care Services:

- Bariatric Care
- Chapel
- Daily Activities
- Dining Services
- Hair Care
- IV Therapy
- Lab Draws
- Medication Distribution Assistance
- Physical Therapy
- Restorative Nursing Therapy
- Transportation Services
- Tube Feeding
- Wound Care

1 Main Street
Carrington, ND 58421
(701)652-3117 phone
(701)652-3118 fax

LUTHERAN HOME OF THE GOOD SHEPHERD, HERITAGE HOUSE, & WESTVIEW

Kim Jensrud, Administrator

Apartments, Assisted Living, & Basic Care Skilled Nursing Care Services:

- Bariatric Care Rooms
- Chapel
- Daily Activities
- Dementia Unit
- Dining Services
- Hair Care
- Hospice
- IV Therapy
- Lab Draws
- Medication Distribution Assistance
- Physical, Occupational, & Speech Therapy
- Respite Care
- Restorative Nursing Therapy
- Transportation Services
- Tube Feeding
- Weekly Physician/PA Rounds
- Wound Care

1226 1st Ave N
New Rockford, ND 58356
701-947-2944
Virtual Tour: <https://virte.ch/tours/1037lut/ver2>
Onsite Daycare for Employees

OTHER NURSING HOMES

(701)797-2221	Cooperstown Medical Center
(701)947-2201	Evergreen – New Rockford
(888)848-5698	Good Samaritan Center – Devils Lake
(701)324-4651	St. Aloisius Medical Center – Harvey



OPTOMETRY

Carrington Family Vision Center

110 9th Ave S
Carrington, ND 58421
(701)652-2020
<https://www.carringtonfamilyvisioncenter.com>

Professional Eye Care

6712 ND-200
Carrington, ND 58421
(701)652-2222
<https://www.proeyecarecenters.com/>



SUMMIT PHYSICAL THERAPY AND SPORTS PERFORMANCE

Services:

- Pain Relief for Joint and Muscle Pain in the Spine and Extremities
- Specialized Certifications Including: Dry Needling, Graston Technique, Myofascial Cupping
- Ergonomic Assessments
- Athletic Training and Sports Enhancement
- Balance Difficulties
- Strengthening Programs
- Post-operative Rehabilitation
- Wound Care
- Dizziness and Vertigo
- Swelling/Edema Treatment
- Mobility Problems
- TMJ Dysfunction

800 4th St N
Carrington ND 58421
(701)652-7179

**PHYSICAL
THERAPY**

PHARMACIES



CARRINGTON DRUG

Services:

- Durable Medical Equipment
- Medicare Part D Plan Comparisons/Consultations
- Medication Therapy Reviews
- Compliance Packaging
- Blood Pressure Monitoring
- Diabetic Supplies
- Vitamins/Supplements
- Free Delivery in Carrington
- Vaccinations: COVID-19, Influenza, Pneumonia, Shingles, TDAP

415 Main St
Carrington, ND 58421
(701)652-2521

CENTRAL PHARMACY

Services:

- Compliance Packaging and Free in Town Delivery
- Full Line of Healthcare Aids and Over-the-Counter Meds
 - Diabetic Testing Supplies and Training
 - Blood Pressure Monitoring and Training
 - Nicotine Quitting Therapies and Support
 - First Aid and Wound Care
 - Cough/Cold Support
 - Vitamins/Supplements and Information Support
- Vaccines: COVID-19, Influenza, Pneumonia, Shingles
- Large Gift Department and Hallmark Card Section

990 Main Street
Carrington, ND 58421
(701)652-2651

OTHER

Central Pharmacy

4 8th St N
New Rockford, ND 58356
(701)947-5313



Public Health
Prevent. Promote. Protect.

PUBLIC HEALTH

FOSTER COUNTY PUBLIC HEALTH

Services:

- Blood Pressure Checks
- Environmental Health Services
- Foot Care
- Flu Shots – Ages 6 Months and Older
- Home Visits – Chronic Disease Maintenance, Medication Set-ups, Case Management
- Immunizations – All Ages
- Injections – Depo Estradiol, Depo Provera, Depo Testosterone, Vit B12
- Lab Testing – Blood Sugar, Hemoglobin, COVID-19, Lipid Panel
- Substance Use Prevention & Education for Youth and Adults – Alcohol, Tobacco, and Other Drugs
- Tobacco Cessation Program
- Tuberculosis Testing and Management
- Water Testing Kits

881 Main St
Carrington, ND 58421
(701) 652-3087

OTHER

(701) 473-5444	Benson County Public Health
(701) 947-5311	Eddy County Public Health
(701) 322-5624	Griggs County Public Health
(701) 662-7035	Ramsey County Public Health
(701) 252-8130	Stutsman County Public Health
(701) 547-3756	Wells County Public Health

CARRINGTON'S DAILY BREAD

Services: Free Food Pantry

875 Main St, Carrington, ND
701-652-2333

Open Mon/Wed/Fri
3:30pm-5:30pm

HUMBLE PEARL COMMUNITY ROOM & CARING CABINET

Services: Free Food Pantry &
Clothing

40 10th Ave N, Carrington, ND

Open 24 hrs/day,
7 days/week





SENIOR CENTER



CARRINGTON SENIOR CITIZENS CENTER

Services:

- Assistance with Bill Paying
- Group Activities
- Meals on Wheels
- Medicare Part D Insurance Counseling
- NoDak Medial Alert OR call (855)779-7798
- Senior Center Meals
- Senior Companion Services
- Transportation with South Central Transit (701)652-3257

36 10th Ave S
Carrington, ND 58421
(701)652-3257

OTHER

(701)662-5061	Devils Lake Senior Services
(701)947-5378	Eddy County Senior Services
(701)662-5061	Eddy County Senior Meals
(701)652-3257	Glenfield Senior Services
(701)797-2167	Griggs County Senior Services
(701)252-2882	James River Senior Services
(701)652-3257	McHenry Senior Services
(701)324-4032	Wells-Sheridan Senior Services

CARRINGTON CITY LIBRARY

Services:

- Free Access to Books, Newspapers and Magazines
- Assistance with Technology
- Free Access to Audiobooks and Online Books
- Assistance in Establishing a Talking Books Account Through the ND State Library
- Programs and Events that Continue and Encourage Community Learning

87 8th Avenue N
Carrington, ND 58421
(701)652-3921
cgtnlib1@outlook.com



THERAPUTIC MASSAGE



BODY KNEADS, LLC

Ashley Guthmiller, Licensed Massage Therapist

Services: Therapeutic Deep Tissue Massage

827 3rd St N
New Rockford, ND 58356
(701) 650-6574
bodykneadsllc@outlook.com

TOUCH OF PEACE MASSAGE BY EMILY

Emily Douglas, Licensed Massage Therapist

Services:

- Swedish Massage
- Deep Tissue/Therapeutic Massage
- Hot Stone Massage
- Prenatal Massage

655 5th St N
Carrington, ND 58421
(Located in Iron Fit Gym)
(701) 650-8472

FOOT CARE/REFLEXOLOGY/YOGA

Lisa Weninger, Registered Nurse, ND State Licensed
Reflexologist, Certified Yoga Teacher

Services:

- Home Based Foot Care
- Reflexology for the Ears, Hands and Feet
- Chair Yoga, Easy Flow Yoga, Candlelight Restorative Yoga

(701) 649-0302
lisa_weninger@yahoo.com
<http://www.lisamarie-reflexologyandyoga.com>



OTHER SERVICES

OTHER SERVICES

- (701)350-0131 Alzheimer's Association
- (800)272-3900 ND Alzheimer's Association 24 Hotline
- (800)726-8179 Community Action Region 6 – Services for Low Income Including: Emergency Services, Energy Share, Financial Counseling, Food Pantry, Weatherization Help
- (877)226-5603 Community Options ND – Help with Fuel Bills, Home Repairs, etc.
- (701)652-7176 Durable Medical Equipment & Oxygen
- (701)652-1709 Grocery Delivery – Leever's Foods Carrington
- (701)365-4728 IPAT – Interagency Program for Assistive Technology is a Non-profit Agency that will Bring Assistive Technology into the Lives of North Dakotans that Need it
- (800)451-8693 ND Department of Human Services and Regional Human Services Center
- (855)462-5465 ND Aging and Disability Resources Link
- (866)621-9886 ND Legal Assistance Service
- (855)779-7798 NoDak Medical Alert (Life Alert)
- (701)652-2858 Second Blessing (Secondhand Store)
- (701)652-2170 Foster County Veteran's Services

HELP FOR THE HOMELESS

- (701)390-1635 Bismarck – Homeless Coalition
- (701)232-5565 Fargo – Salvation Army
- (701)252-0290 Jamestown – Salvation Army



TRANSPORTATION

(701)652-3257

South Central Transit – Public Transportation
with Wheelchair Lift



MILITARY

FOSTER COUNTY VETERANS SERVICE OFFICE

The County Veterans Service Officer (CVSO) is the local resource for dedicated and professional assistance in obtaining benefits. Veterans will be provided the expertise and advocacy that is needed to optimize access to all the benefit programs they may qualify for. These services are provided at **NO CHARGE** to clients.

Services:

- Admission Paperwork to the ND State Veterans Home
- Burial Benefits Veterans Affairs (VA)
- Claims Follow-up to Ensure Final Decisions
- Claims Preparation and Submission
- Comprehensive Benefits Counseling
- Death Pension (Survivors of Wartime Era Veterans)
- Dependency and Indemnity Compensation for Survivors
- Disability Life Insurance and Waiver of Premiums
- Discharge Upgrade and Correction of Military Records
- Education Benefits (VA)
- Initiate and Develop Appeals When Appropriate
- Medical Care/Dental Care at VA Facilities
- Nonservice-Connected Pension (War Era Veterans)
- Payment of Proceeds of VA Life Insurance
- Re-open Compensation Claim for Increase or Re-evaluation
- Request for Military Records and Decorations
- VA Home Loan Guarantee Eligibility

1000 5th St. N
Carrington, ND 58421
(701)652-2170

Booklet available online at: www.fostercountypublichealth.com

Please send updates to Foster County Public Health (701)652-3087

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